



Pedal Patter March 2018

THE VOLUNTEER ISSUE: • [Lewes Weekend](#) • [Back Roads Century News](#) • [Volunteer at the BRC](#) • [Why I Volunteer at the BRC](#) • [Rustling up Ride Leaders](#) • [President's Page](#) • [Member-at-Large Column](#) • [Women's Corner](#) • [Out-of-Bounds Column](#) • [Ride with GPS Club Account](#) • [Bike Shop Discounts](#)

NOTE from the PRESIDENT

by Bob Bernstein

I hope that this finds you all enjoying the pleasures of your wheeled, human powered conveyances, regardless of the number of wheels; regardless whether you are leaning forward, sitting upright, or sitting back; regardless of whether you are wearing spandex or a tee shirt and jeans.

Planning for Special Events and for the Back Roads Century are well underway. By the time you read this, the weather should be warmer and the ride schedule will lose its winter doldrums and blossom into its usual, glorious fullness.

All this leads me to this month's theme: volunteerism. In this issue of the *Pedal Patter* and on our website, you'll find different reasons to volunteer and opportunities to do so.

Many years ago, John F. Kennedy said in his inaugural address, "And so, my fellow Americans: ask not what your country can do for you—ask what you can do for your country." I did not know what that really meant in 1961 when it was uttered. (In my defense, I was only five.) I started living by it without really understanding where the drive came from. In the 1980's, I first started volunteering for my professional society while stationed in New York City. That volunteerism continues through well into this century.

Once I joined the Potomac Pedalers, it was not long before I started to lead rides and then served on the ExCom and then served as Chairman. I continue to lead rides and help the ExCom and Chairman right through volunteering for another term as the leader of the Club a bit over a year ago. I have used the term "give back" and it is phrase many of you have heard not just in the Club, but in other

areas. What does it mean and what did our new president mean when he uttered these words fifty-seven (57) years ago?

To me it means that we are stronger when we all pull together. The great rides and events that we have are better because of the selfless members who help stage these rides and events. Where would we be without the ride leaders who look for interesting rides on safe roads? Where would we be without the ride leaders who sometimes end up cutting their rides short to help someone with a mechanical or someone who just does not have it that day? We would be riding by ourselves or riding on the same routes day after day.

Where would we be without the volunteers who organize the various special events the Club sponsors? Where would we be without the numerous volunteers who help run the best century in the country? These events would not be the outstanding showcases for cycling that they are. Your dues would be much higher. We would not have the opportunity to meet cyclist with the same passions we have who may ride at a different pace or usually in a different area.

The members who volunteer for the Club make the Club stronger. They give back to the other members of the Club. Have you volunteered lately? Google the definition of "volunteer" and it will state that it is a "person who freely offers to take part in an enterprise or undertake a task," a person who works for an organization without being paid." As a verb, it is to "freely offer to do something." I submit that this is not the correct term for those who give their time to the Club for they are getting paid. They are receiving benefit. They are receiving the benefits stated above.

What I believe that President Kennedy was implying was that serving; giving back, volunteering was a duty every American owed to their country. It is our duty as members to make our organization better than it would be without us. We are all busy. Most have jobs. Many have families and/or significant others. Many are members of organizations other than Potomac Pedalers. But all can find a few hours in the 8,766 hours in a year to help make our Club better. By stepping up you will be helping your fellow members who have traditionally offered many more hours to the Club and keep responding in the affirmative when asked to give more.

There are many tasks which need to be done. Whether you offer a few hours or a day or a few hours a month, you help your Club. You help your fellow members. Ready to take the plunge? Check out our [Volunteer Page](#) and [Contact Us](#) and we'll get you going. Also, read our special [Call for Volunteers for the Back Roads Century - the BRC benefits so many people and cyclists and we need YOU to help make it happen.](#) For an inspiring account of volunteering at the BRC, read Catherine Kitchell's [article!](#)

And if you don't think that you can spare a few hours of your time, look up the Google Definition of "freeloader," because you are taking advantage of your friend's and other member's generosity and not doing your duty.

Thank you and keep the rubber side down.

RIDE SCHEDULE



ALMOST FULL! Register Now!!

LEWES BIKE WEEKEND

April 27-29, 2018

WHERE: Beacon Motel (514 E. Savanna Rd., Lewes, DE 19958)

Get an early jump on spring by joining us for a weekend of cycling at the beach. Lewes is a small, picturesque, and historic town near Rehoboth Beach. This weekend is noted for its sociability and ease in meeting new people, so come alone or with a friend or spouse. Attendance is limited to 85 people so sign up early to reserve your spot.

Rides range in length from 20 to 65+ miles and are flat, although there are usually headwinds at the beach. Many rides visit nearby wildlife refuges, Nassau Valley Vineyard, Dogfish Head Craft Brewery, and remote beaches. We also have rides that stay east of Route 1 and tour Lewes or travel to Rehoboth Beach via bike paths. Some of the rides begin at the Beacon Motel and some have a remote start after a short drive to a beach or nearby town, depending on the rides you choose.

PRICE: PPTC member price for the weekend is \$275 for single occupancy; \$430 for a double room (\$215/person); and \$540 for a triple room (\$180/person); non-members add \$25. The prices are the same for non-cycling spouses or guests. If you are coming alone but would like to share a room, we can assign a roommate (double occupancy only). Hotel rooms have two double beds, or a

queen bed, or a king bed. All have refrigerators. The Beacon Motel does not allow pets.

INCLUDES:

- 2 nights lodging at the Beacon motel two blocks from the center of town and .4 mile from the beach.
- Locked storage room for bikes or store in your individual rooms (elevator available).
- Cue sheets available at the Beacon Motel **starting Friday at noon.**
- Rides of various lengths available Friday, Saturday, and Sunday.
- Ice Cream Social/Welcome Party Friday night at the motel.
- Breakfast Saturday and Sunday morning at the motel.
- New! Yoga class taught by Lorraine.
- Lunch fixings for a bag-lunch on Saturday to take with you on the ride.
- BYO Wine & Beer party on Saturday at the motel before dinner. Snacks provided.
- Buffet dinner Saturday night in downtown Lewes, short walk from motel (cash bar available).
- Free late checkout on Sunday with advance notice to hotel personnel.

CONTACT: Your hosts again this year are Lorraine McCall and Cindy Marisch. Cindy is responsible for registration and cue sheets. If you have questions about your registration please contact [Cindy](#). Lorraine is responsible for the food catering. If you are vegetarian, vegan, or have any other special dietary needs, please contact [Lorraine](#) at least two weeks prior to the ride weekend so we can accommodate your needs accordingly.

Note: Your registration will be under the PPTC group and not your individual names. The cost for the weekend includes food and lodging and cannot be separated. Registration at the Beacon for this weekend must be completed through PPTC online, not directly through the Beacon. If you have questions about the Beacon Motel itself, please check their [website](#).

CANCELLATION POLICY: Before April 13th : Full refund (minus \$25 per person cancellation charge). After April 13th: No refunds.

TO REGISTER:

- [Members Click Here to Register](#) *(must login to access)*
- [Non-Members Click Here to Register](#)

Back Roads Century News

Meet the Back Roads Century Steering Committee

by Sallie Williams, VP-Century



Please mark September 15 & 16 on your calendars! The Back Roads Century will be back for a fourth year in lovely Shepherdstown, WV! Ed Hazelwood (Deputy VP-Century) and I are working together to plan and deliver a gold-plated experience for our members and guests in September! Yes, it's a big undertaking but we're excited to continue this flagship Potomac Pedaler Event! We are again planning Saturday rides through Antietam, a Saturday dinner with live music, Sunday's Century with multiple distances, and a post ride celebration at Popodicon Mansion. More details will be available when registration opens in April!

Needless to say, we need many volunteers to put on the Century. Please come out and help the club with this important event!

We already have a terrific **Century Steering Committee** -

- **Volunteer Coordinator** - Paul Huey-Burns
- **Marketing Coordinator** - Ed Hazelwood
- **Social Media Liaison** - Eli Allen
- **Saturday Antietam Rides** - Dave Whitaker
- **Registration Coordinator** - Deb Reynolds
- **Safety/Command Center** - Eric Pilsk
- **Rest Stop Coordinator** - Anne Hyman
- **Bike Shop Liaison** - Mary Ann Breunig
- **Saturday Dinner Coordinators** - Nancy and Ross Kotarski

We're still looking for a **Logistics/Transportation Coordinator** to round out the Committee. Please let me know if you're interested!

Volunteer at the BRC and Get \$25 OFF Registration!

by Paul Huey-Burns



Catherine Kitchell's [article](#) about her experiences volunteering at the Back Roads Century provides a good introduction to the joys of helping your fellow Club members and other cyclists. Our Club is a member-driven organization, and it works only if every member pitches in, in one way or another. I'm serving as Volunteer Coordinator for the BRC this year, and we'll be soliciting volunteers

early and often. There are plenty of volunteer opportunities the day of the event, of course, but also plenty of opportunities in the weeks leading up to the event, if you prefer to keep the BRC weekend open for riding.

Volunteering is a great way to meet fellow cyclists and have fun. What's better than having hundreds of riders telling you "thank you" all day long? This is a great way to give back to the Potomac Pedalers, the cycling community and to help us ensure the event runs smoothly.

- Many volunteers are needed leading up to and on Saturday and Sunday, Sept 15 & 16 in Shepherdstown!
- Please complete the [Volunteer Form](#). You'll be contacted to confirm your position and time.
- Some positions require a limited number of volunteers and will be filled on a "first to sign up" basis. We hope you will be flexible!
- All volunteers will receive a free "BRC Volunteer T-shirt" and are welcome to join us at the Sunday post-ride party!
- Rebate checks will be mailed in early October.

If you have questions, please contact me, the BRC Volunteer Coordinator, phueyburns@gmail.com.

CLICK HERE to volunteer for 2018 Back Roads Century and get a \$25 Registration Rebate!

Happy and safe cycling!!

Why I Volunteer for the Back Roads Century

by Catherine Kitchell

The reasons to bike are many: being in fresh air, to get places, to see the world, the sense of freedom, to save money, plus, a reason to wear lots of spandex! The reasons to join a club are many also: meeting new friends; a chance to socialize; gaining new skills, knowledge and experience; and getting to know your local community.



So now that you have all that under your belt (or your tight spandex), it's time to take it up even one more notch and volunteer for the club and sport that have done so much to improve your life! Like biking, volunteering is healthy and actually increases your happiness. It also increases your sense of pride and identity and contributes to your sense of accomplishment and self-confidence.

Fortunately, your club is able to provide you an excellent event – The Back Roads Century – tailor-made to bring you chances to give back to your biking community.

I volunteered to make tomato sandwiches way before it was even The Back Roads Century. The first time I ever made a tomato sandwich was with Ballard Troy – the inventor of the tomato sandwich for PPTC centuries when the century was in southern Maryland. (I welcome anyone letting me know how long ago that was!) Ballard was a tomato sandwich purist – the sandwich consisted of bread, tomatoes, cucumbers, salt and pepper and only Hellman's mayo. He made them deliberately and carefully – it mattered not to him how long the line of spandex-clad cyclists waiting was – each sandwich was a little work of art. The tomato is actually the crucial component and he was very, very picky about the tomatoes. Since then, I have made them in Berryville and for at least 3 years in WV.

So what have I gained from volunteering all those years? More flexible management skills – if the person assigned to making sandwiches is obviously unskilled with a knife, well, reassign them to Gatorade duty. The sandwich itself has gone through changes but I've determined I can live with hummus on them instead of mayo. (Though I am as inflexible as Ballard on the subject of Hellman's.) If you get little paper salt and peppers delivered instead of shakers, send someone out to the store for shakers. If you get 30 gallons of hummus delivered instead of smaller containers, well, divvy it up. If the food inspector does not like your set-up, well, change it.

I've certainly gained a sense of community and comradery. In addition to club members and their spouses helping, I've had super friendly people from Shepherdstown helping including college and high school students – my favorite was a chef from Shepherdstown who was a godsend. Everyone works tirelessly during the rush – once it gets going it's a sight to behold – talk about working in the flow state!

Then there is the feeling of accomplishment. Everyone who completes the Century certainly feels it, but let me assure you there is a huge sense of accomplishment making tomato sandwiches for some 1,200 bike riders! All non-bikers I know generally think riding a Century is crazy anyway, but making that many sandwiches is impressive – apparently in a non-crazy way.

Finally, there is a sense of awe. Really it is awe-inspiring if you think about The Back Roads Century and all the time and work that goes into it. Help your club and be part of the inspiration and the awe!

[CLICK HERE to volunteer for 2018 Back Roads Century and get a \\$25 Registration Rebate!](#)

Rustling up Ride Leaders

by Carol Linden, Maryland CC Coordinator

Have you ever looked at the Pedalers ride schedule for the upcoming weekend and thought “darn it, there’s nothing for me”? Well, there’s a very easy way to fix that! Lead the ride you want to ride! Those of us who are Ride Coordinators are still here to help you be, or become, a ride leader, even though we no longer have to harass our list of ride leaders monthly to submit rides weeks in advance.

Ride Coordinators can help you pick out a ride start, find or create a cue sheet and/or a RWGPS file, find co-leaders for different ride classes, or walk you through posting on the real-time calendar if you’re new at it. Spring and the riding season are just around the corner, so think about filling the calendar with great rides that you and others will enjoy. Maybe commit to leading a ride in your birthday month; to celebrate an important life event; to explore a new area. We’re here to help!

Help and Other Resources	
Ride Mentoring and Support	<u>Linda Borst Kolko</u>
Ride Mentoring and Support	<u>Martine Palmiter</u>
Routes, Cue Sheets & GPS File Help	<u>Eric Pilsk</u>

Routes, Cue Sheets & GPS File Help	<u>Rudi Riet</u>
Routes, Cue Sheets & GPS File Help	<u>Jim Quinn</u>
Routes, Cue Sheets & GPS File Help	<u>Dan Lehman</u>
Ride Coordinators	
D Rides - Maryland & DC	<u>Chris Moriarity</u>
D Rides - Virginia	<u>Woody Lipinski</u>
C Rides - Maryland & DC	<u>Linda Borst-Kolko</u>
C Rides - Virginia	<u>Fulton Armstrong</u>
CC Rides - Maryland & DC	<u>Carol Linden</u>
CC Rides - Virginia	<u>Joan Oppel</u>
B Rides - Maryland & DC	<u>Jim Quinn</u>
B Rides - Virginia	<u>Stephen Krill</u>
BB Rides - Maryland & DC	<u>Karen Berlage</u>
BB Rides - Virginia	<u>Stephen Krill</u>
A/AA Rides - Maryland & DC	<u>Karen Berlage</u>
A/AA Rides - Virginia	<u>Dan Lehman</u>
Tandem Rides - DC, MD & VA	<u>Don Schneider</u>
Women's Rides	<u>Robin Sparer</u>

Women's Corner Column

by Robin Sparer, Women's Ride Coordinator

Get Your Bike Ready and Put These Events on Your Calendar

The weather has teased us with a few days to try out our bikes and ourselves - to see what's working and what's not. **Last month Liz Ginexi gave us some great ideas on how to keep you working and moving until you are ready to get back onto your bike.** Now it's time to get your bike ready to ride! Don't wait until the last minute. NOW is the time to take your bike in and get a tune up if you haven't already, an adjustment, or even that fit you been saying that you need. NOW is the time to build a relationship with your local bike store and, especially, one of our many PPTC partners.



Speaking of one of our bike store partners, the **Trek Rockville Store** is Women Friendly (WF) and is offering club member's discounts and gearing up for their **Ladies' Night Out** on May 9 - come learn some new things and meet many PPTC women!

Other great PPTC partners offering discounts and Women Friendly (WF) and Women Only (WO) rides and workshops are **District Hardware & Bike** at the Wharf and **The Bike Lane** in Reston. With these three shops, we'll have three regional club hubs in the DMV.

We have two Women Friendly (WF) regional rides coming up in April, so mark your calendars! The PPTC Women's group will have riders at these events to mentor and meet those who are interested.

- **April 14 - TSR Spring Classic** in Talbot County
- **April 28 - The End Hunger Ride** in Calvert County

Our Club is nothing without volunteers! If YOU want to lead a WF or WO ride, or help out in any way, please get in touch with me! We are a club of thousands of members and it's likely a handful (or more) will want to do the ride you want to do - we just need to find each other. With so many members it can feel overwhelming - where do you start? Just reach out and get the ball (or wheel in this case!) rolling. You'll be glad you did and we'll be a better club for it.

Have a comment or idea? Email me at pptcwomenscoordinator@gmail.com

Member-at-Large On the Road

by Mary Ann Breunig

Let's Ride! Planning for Bike Month

What are you doing the weekend of May 18-20th? We have a terrific opportunity to spend the weekend riding and supporting our local events and cycling organizations. With a little bit of advance planning, you can take advantage of three fantastic events!

FRIDAY—SATURDAY—SUNDAY



May 18 - Bike to Work Day

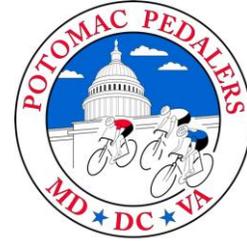
Start the day Friday, May 18th, by participating in **Bike to Work Day**. This is a free event for everyone commuting to work on a bicycle on Friday, May 18th. There will be over 86 local pit stops in our region!! Each pit stop will have free food, drinks, raffles and more. Consider riding with a commuter convoy—checkout the website [Bike to Work](#) for a convoy near you. Advanced registration is required to receive your free t-shirt (limited to the first 20,000 registered). Our club supports Bike to Work Day—you could choose to ride and to volunteer that morning! Checkout our club website to volunteer.

May 19 - DC Bike Ride

On Saturday, May 19th, take a spin on DC's only closed-road, car-free celebration—DC Bike Ride—starting at 8:00AM at West Potomac Park. This is the only day you can adventure around our city by bike with no cars. The 20 mile route takes you past DC landmarks and includes entertainment at the finish! Registration is \$60 [DC Bike Ride](#) and supports the Washington Area Bicycling Association (WABA). Plan to pickup your package, including a cool water bottle, on Thursday or Friday. Our club supports WABA—consider volunteering!



May 20 - PPTC Nokesville Picnic Ride
Wrap-up the weekend with the Potomac Pedalers
annual Nokesville Members & Family & Friends Picnic
Ride on Sunday, May 20th.



This classic ride is through the rolling Virginia rural country-side and finishes with a picnic at a local park! In addition to the usual routes, this year we're including a "new" rider and family friendly route. This is a **free** event for all our members! So, take advantage of the beautiful country-side, cycling with friends, and socializing at a delicious picnic! Sign-up recommended; it opens April 2nd!

A special welcome to our Back Roads Century Planning Team, our Tandem riders, our Women's Team riders, the National Chapter Team-in-Training riders, and all our guests! (Rumor has it we may get a sneak peek at the BRC jersey and special early registration discounts!)

Out of Bounds!

Centuries & Shorter Rides (*Tours, Events & Longer Rides below.*)

- APR 14th [TSR Spring Classic](#) (Easton, MD)
- APR 14th [Tar Wheel Century](#) (Elizabeth City, NC)
- APR 21st [High Bridge Ride](#) (Farmville, VA)
- APR 27-28th [Ocean to Bay Bike Tour](#) (Fenwick Island, DE)
- APR 28th [Ride to End Hunger](#) (Huntingtown, MD)
- APR 29th [Free Clinic of Powhatan Bike Tour](#) (Powhatan, VA)
- MAY 5th [Six Pillars Century/Blackwater Tour](#) (Cambridge MD)
- MAY 5th [Tour de Cookie](#) (Rockville, MD)
- MAY 5th [SOWW Warrior Bike Ride](#) (Broad Run, VA [*Farm Brewery*])
- MAY xxth [Shorebird Metric Century](#) (Salisbury, MD)
- MAY 6th [Five Boro Bike Tour](#) (New York, NY)
- MAY 12th [Capital-2-Capital](#) (Charles City, VA)
- MAY 12th [Iron Furnace 50](#) (Furnacetown, Snow Hill, MD)
- MAY 14th [43rd Annual Assaults on Mt Mitchell](#) (Spartanburg, SC)
- MAY 19th [DC Bike Ride](#) (Washington, DC)
- MAY 19th [SCU Quad County Metric](#) (NW of Philly, PA)
- MAY 19th [Tour de Madison](#) (Madison, VA)
- MAY 19th [CASA River Century](#) (Shepherdstown, WV)
- MAY 20th [Horse Farm Tour](#) (McSherrystown, PA)

- MAY 20th [Storming of Thunder Ridge](#) (Lynchburg, VA)
- MAY 26th [Wilderness Road Ride](#) (Radford, VA)
- JUN 2nd [Pedal to Preserve](#) (Lancaster Co., PA)
- JUN 2nd [SMECO-75](#) (Hughesville, MD)
- JUN 3rd [WNC Flyer](#) (Brevard, NC)
- JUN 9th [Pax River Rural Legacy Ride](#) (Southern PG Co., MD)
- JUN 16th [Le Tour de Shore](#) (Onancock, VA)
- JUL 7th [Delaware Double Cross](#) (Smyrna, DE)
- JUL 14th [Hidden Valley Mountain Metric](#) (Hidden Valley, PA)
- JUL 22nd [The Firefighter 50 \(35/50/101\)](#) (Westminster, MD)
- AUGUST 04 [BBC Corn Roast Rides](#) (Union Mills, MD)
- AUGUST 4th [MT Mama Cycling Challenge](#) (Monterey, VA)
- AUGUST 25th [Cumberland Valley Century](#) (Clear Spring, MD)
- AUGUST 10-12 [Tour de Frederick](#) (Walkersville, MD)
- AUGUST 11 ['Ride to See' a Tour of Kent County](#) (Galena, MD)
- AUGUST 19 [Covered Bridges Classic](#) (Lancaster, PA)
- AUGUST 25th [Shorefire Century](#) (Middletown, De)
- AUGUST xx [Reston Century](#) (Reston, VA)
- AUG 26 [Brandywine Tour](#) (Kennett Square, PA)
- SEPT 03 [Labor Day Century](#) (Hanover Bike Club, PA)
- SEPT 03 [Southern MD Fall Century](#) (Indianhead 100)
- SEPT xx [50 States/13 Colonies Ride](#) (Wash, DC)
- SEPT 8th [Maine Lighthouse Ride](#) (South Portland, ME)
- SEPT 8th [Ride to Montauk](#) (NY, NY)
- SEPT 8th [Amish Country Tour](#) (Dover, DE)
- SEPT 08 [Skipjack Bike Tour](#) (Deal Island, MD)
- SEPT 08 [Surrey Century Rides](#) (Williamsburg, VA area)
- SEPT 08 [Civil War Century](#) (Thurmont, MD)
- SEPT 09 [NYC Century](#) (NYC, NY)
- SEPT 09 [Shenandoah Valley Century](#) (Harrisonburg, VA)
- SEPT 15 [Highlander Cycle Tour](#) (Finger Lakes, NY)
- SEPT xx [Heart of VA Century](#) (Hanover Courthouse, VA)
- SEPT xx [Lakes & Grapes Century 100](#) (F'burg, Va)
- SEPT xx [Ride for Clean Rivers](#) (Wye Mills, MD)
- **SEPT 16 [Back Roads Century PPTC \(Shepherdstown, WV\)](#)**
- SEPT 16 [Northern Virginia Cycle Fest](#) (Warrenton, VA)
- SEPT xx [St Marys Century](#) (Leonardtown, MD)
- SEPT 29 [Savage Century](#) (Newark, DE)
- SEPT 30 [Apple Cider Century](#) (Three Oaks, Mich)
- SEPT 30 [Cannon Ball Century](#) (Fredericksburg, VA)
- SEPT 30 [Twin Lights Ride](#) (Highlands, NJ)
- OCT 06 [Seagull Century](#) (Salisbury, MD)
- OCT 06 [Culpeper Cycling Century](#) (Culpeper, VA)
- OCT xx [Montgomery County Farm Tour Ride for the Reserve](#) (Poolesville, MD)
- OCT 14 [Covered Bridges Ride](#) (Bucks County, PA)

- OCT xx-xx [Bike Club of Philly Fall Foliage Weekend](#) (Hanover, PA)
- OCT xx [Great Pumpkin Ride](#) (Warrenton, Va)
- OCT 27 [Between the Waters Tour](#) (VA Delmarva)

Tours, Events & Longer Rides (2018)

- APR 14-19 [Florida Bicycle Safari](#) (Live Oak, FL)
- APR 20-22 [Cycle N.C. Coastal Ride](#) (Washington, NC) *Sold Out*
- MAY 25-28th [Kent County Spring Fling](#) (Chestertown MD)
- JUNE 22-27 [Bike Virginia](#) (Radford to Claytor Lake, VA)
- JUL 07-14 [M.U.P.](#) (St. Ignace, Mi)
- JUL 22-28 [RAGBRAI](#) (Iowa)
- JULY 21-28 [Bon Ton Roulet](#) (Finger Lakes, NY)
- AUG 04-11 [Shoreline West](#) (Lake Michigan Shoreline)
- AUG xx-xx [PPTC] [Carlisle Weekend](#) (Carlisle, PA)
- AUG 29-SEP 02 [DALMAC](#) (MSU East Lansing, MI)
- SEPT 22-23 [Seacoast Century](#) (Hampton Beach, NH)
- SEP 29 – OCT 06 [CNC Mountains to the Coast](#) (Black Mountain, NC)
- OCT xx-xx [Shenandoah Fall Foliage Bike Fest](#) (Staunton, Va)

Potomac Pedalers Calendar of Events

- APRIL 27-29 **Lewes Weekend (Lewes, DE)**
- MAY 9 **Women's Night at Trek Rockville**
- MAY 18 **Bike to Work Day (DC, MD, VA sites)**
- MAY 20 (tent.) **Nokesville Picnic ride (Nokesville, VA)**
- early JUNE **Black Hill Picnic Ride (Boyd's, MD)**
- JUNE 16-17 **One-Night Overnight Ride: Virginia Countryside (Charlottesville, VA)**
- JULY 13-15 **Shenandoah Weekend (Mt. Jackson, VA)**
- SEPT 8-9 **Women's Wild Goose Chase Ride (Cambridge, MD)**
- SEPT 15-16 **Back Roads Century Weekend (Shepherdstown, WV)**
- SEPT 16 **Back Roads Century (Shepherdstown, WV)**
- SEPT 29-30 **One-Night Overnight Ride: Amish Country (Lititz, PA)**
- OCT 13-14 **One-Night Overnight Ride: Northern Neck, VA**
- late OCT **Howard County Farm & Art Tour (Laytonsville, MD)**