



JANUARY  
**2019**

# PEDAL PATTERN

HAPPY NEW YEAR!

**2019**



# NOTE FROM THE PRESIDENT

I hope that this finds you all enjoying the pleasures of your wheeled, human powered conveyances regardless of the number of wheels; regardless whether you are leaning forward, sitting upright, or sitting back; regardless of whether you are wearing spandex or a tee shirt and jeans. It looks like the new year will begin much as the old one ended, with rain; lots of rain. We shattered the annual record for rainfall by almost ten (10) inches and exceeded the normal annual total by 30 inches!

I want to thank Margaret McBride and Dalis Davidson who have volunteered to co-lead the backroads Century this year (2019). They will be able to build upon the good work accomplished last year by Sallie Williams

and will be assisted again by Ed Hazelwood. It is hard working volunteers like these who make our Club one of the best in the country. Their volunteering is even more incredible in that they have not run anything like this before. Kudos for stepping out of your comfort zone. We will have many members and help from Shepherd University to help you.

Speaking of volunteers, one of the ways that we hope to get more people to volunteer in the coming years is to be more specific as to the Club's needs. Rather than a general call (plead) for volunteers, we are going to create a separate page on the website where specific opportunities will be listed. These will be accompanied

by a short description of what the job entails, the estimated time it will take and the period in which the job will be relevant. We hope to also allow sign ups for these positions on line.

Last month I had stated that we were going to send out a questionnaire to the Membership to follow up the discussions we had at the annual meeting. It is taking a bit more time to put the survey together. We have reached out to a professional to ensure the survey is neutral and that we are able to capture your ideas. If you have volunteered and worked in any capacity for the Club in 2018, you are invited to the Volunteer Appreciation Party. Your volunteering could have been as a Ride Leader or assisting with the Annual Meeting. Serving on a committee or helping with a Special Event. Please stay tuned to the website and your email for further details. Thank you and keep the rubber side down.

Bob B.

## Membership

### Did You Know?

Sign-up & Where is Virginia?

SIGN-UP....Just in case you've never used it, here's how to sign-up for a Ride. Please support your Ride Leaders and SIGN-UP for the rides you plan to join.

1. Log-in to the PPTC website
2. Select the ride you want to join
3. Click the green SIGN-UP button



**Where is Virginia?...** If you are a Virginia Ride Leader or Ride Coordinator, where are our Virginia rides? I would expect to see fewer rides in December - February, but I think there is only one per week? If you know where the rides have gone, drop me a line @ MBreunig. sports@gmail.com.



## Potomac Pedalers Calendar of Events



- Tue, 01/08 B/CC \* 35 \* MD \* 11:00am \* Bud Bike Tuesday \* Buddy Attick Park (BUD)
- Thu, 01/10 C \* 258 \* MD \* 10:00am \* GLEN ECHO LOOPS \* Glen Echo Park (GLE)
- Thu, 01/10 BB/B \* 20 \* MD \* 12:30pm \* Thursday Lunch ride \* - Other Start Location MD
- Sat, 01/12 AA/A/BB/B/CC \* 42 \* MD \* 10:00am \* Rockville Wootton Winter Ride \* Thomas S. Wootton High School (TWHS)

# PPTC LEWES DELAWARE WEEKEND

April 26-28, 2019



## PPTC Lewes Delaware Weekend

by Anne C. M. Hyman

Get an early jump on spring by joining us for a weekend of cycling at the beach. Lewes is a small, picturesque, and historic town near Rehoboth Beach. This weekend is noted for its sociability and ease in meeting new people, so come alone or with a friend or spouse. Attendance is limited to 85 people so sign up early to reserve your spot. Registration is online only via the PPTC website.

Rides range in length from 20 to 65+ miles and are flat, although there are usually headwinds at the beach. Many rides visit nearby wildlife refuges, Dogfish Head Craft Brewery, and remote beaches. We also have rides that stay east of Route 1 and tour Lewes or travel to Rehoboth Beach via bike paths. Some of the rides begin at the Beacon Motel and some have a remote start after a short drive to a beach or nearby town, depending on the rides you choose.

PPTC member price for the weekend is \$295 for single occupancy and \$225 per person for doubles; non-members add \$25. The prices are the same for non-cycling spouses or guests. If you are coming alone but would like to share a room, we can assign a roommate (double occupancy only). If you are interested in a triple room, please contact Cindy Marisch for pricing and availability. Hotel rooms have two double beds, or a queen bed, or a king

bed. All have refrigerators. The Beacon Motel does not allow pets.

The cost of the weekend includes the following:

- Nice motel two blocks from the center of town and .4 mile from the beach.
- Locked storage room for bikes or store in your individual rooms (elevator available).
- Cue sheets will be available at the Beacon Motel starting Friday at noon.
- Rides of various lengths available Friday, Saturday, and Sunday.
- Ice Cream Social/Welcome Party Friday night at the motel.
- Breakfast Saturday and Sunday morning at the motel.
- Yoga class taught by Lorraine.
- Lunch fixings for a bag-lunch on Saturday to take with you on the ride.
- BYO Wine and Beer party on Saturday at the motel before dinner. Snacks provided.
- Buffet dinner Saturday night in downtown Lewes, short walk from motel (cash bar available).
- Free late checkout on Sunday with advance notice to hotel personnel.

Your hosts again this year are Lorraine McCall and Cindy Marisch. Cindy is responsible for registration and cue sheets. If you have questions about your registration please contact Cindy at [csmarisch@gmail.com](mailto:csmarisch@gmail.com) or 571-243-

4576. Lorraine is responsible for the food catering. If you are vegetarian, vegan, or have any other special dietary needs, please contact Lorraine at least two weeks prior to the ride weekend at [lorrainemccall@cox.net](mailto:lorrainemccall@cox.net) or 703-360-0236 so we can accommodate your needs accordingly.

**Note:** Your registration will be under the PPTC group and not your individual names. The cost for the weekend includes food and lodging and cannot be separated. Registration at the Beacon for this weekend must be completed through PPTC online, not directly through the Beacon. If you have questions about the Beacon Motel itself, please check their website [www.beaconmotel.com](http://www.beaconmotel.com).

**CANCELLATION POLICY:** Before April 12th : Full refund (minus \$25 per person cancellation charge). After April 12th: No refunds.

**TO REGISTER:** Visit [www.potomacpedalers.org](http://www.potomacpedalers.org) and click on the Lewes Weekend box.

### Out Of Bounds Column

[Member Benefit: Ride with GPS Club Account](#)  
[Member Benefit: Bike Shop Discounts](#)