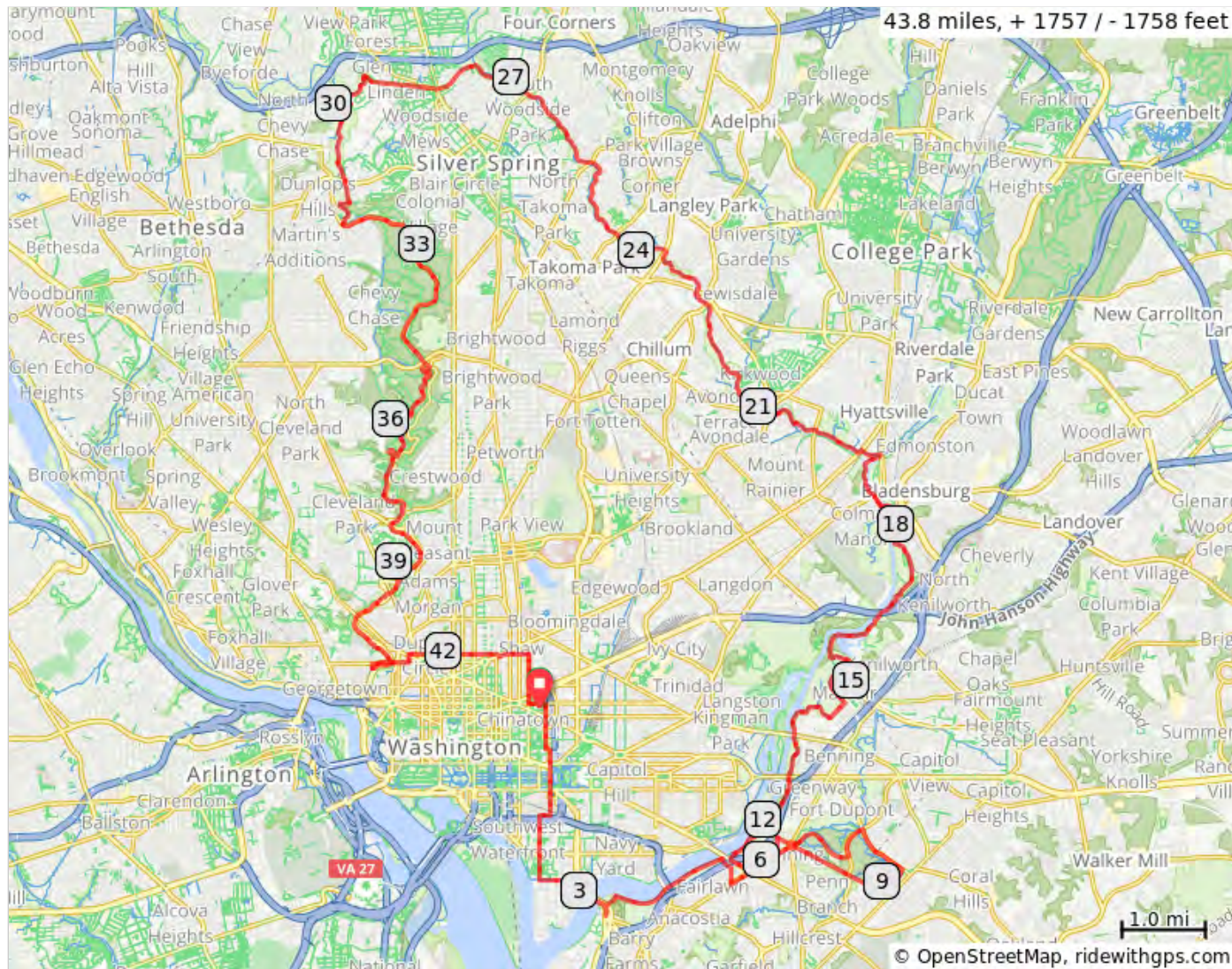


Three National Parks In One Ride!



Ride Leader: Chris Roell
Mobile Phone: 202-607-5565
Ride Social Media Hashtags:
#cityexplorers #bspacerides
#bikedc #bikedcloop #dcloop
#anacostiapark
#fortdupontpark
#rockcreekpark #findyourpark
#nps #optoutside
#optoutblackfriday
#noblackfriday



Three National Parks In One Ride!

Dist	Prev	Type	Note	Next
0.0	0.0	📍	Start of route	0.0
0.0	0.0	➔	R onto K St NW	0.1
0.1	0.1	➔	R onto 4th St NW	0.5
0.6	0.5	➡	L onto Indiana Ave NW	0.0
0.7	0.0	➔	R onto 3rd St NW	0.8
1.5	0.8	➔	R onto E St SW	0.1
1.6	0.1	➡	L onto 4th St SW	0.8
2.4	0.8	➡	L onto P St SW	0.5
2.8	0.5	➔	R onto S Capitol St SW	0.6
3.4	0.6	➔	Slight R toward Anacostia Riverwalk Trail	0.0

3.4 miles. +42/-75 feet

Dist	Prev	Type	Note	Next
8.4	0.7	➔	R onto Alabama Ave SE	0.3
8.7	0.3	➔	R	0.3
9.0	0.3	➡	L toward Alabama Ave SE	0.0
9.0	0.0	➔	R onto Alabama Ave SE	0.2
9.2	0.2	➔	Slight R onto Massachusetts Ave SE	1.1
10.2	1.1	➔	R onto Randle Cir SE	0.1
10.3	0.1	➔	R onto Massachusetts Ave SE	0.2
10.5	0.2	➡	L onto 30th St SE	0.1
10.6	0.1	➔	R onto M PI SE	0.1
10.7	0.1	➡	L onto Fairlawn Ave SE	0.4
11.1	0.4	➡	L toward Pennsylvania Ave SE	0.0

3.4 miles. +32/-288 feet

Dist	Prev	Type	Note	Next
3.4	0.0	➔	Sharp R toward Anacostia Riverwalk Trail	0.2
3.6	0.2	⬆	Continue onto Anacostia Riverwalk Trail	0.1
3.7	0.1	➔	R onto Anacostia Dr	1.5
5.2	1.5	➔	R onto Nicholson St SE	0.2
5.3	0.2	➔	R onto 22nd St SE	0.2
5.5	0.2	➡	L onto Minnesota Ave SE	0.8
6.4	0.8	➔	R onto Randle Cir SE	0.1
6.5	0.1	➔	R onto Fort Dupont Dr SE	0.8
7.3	0.8	➡	L onto Fort Davis Dr	0.4
7.7	0.4	➔	R onto Ridge Rd SE	0.7

4.3 miles. +285/-133 feet

Dist	Prev	Type	Note	Next
11.1	0.0	➔	R toward Pennsylvania Ave SE	0.0
11.1	0.0	➔	R onto Pennsylvania Ave SE	0.2
11.3	0.2	➔	R onto Anacostia Riverwalk Trail	0.1
11.4	0.1	➔	R to stay on Anacostia Riverwalk Trail	0.3
11.7	0.3	➔	Slight R to stay on Anacostia Riverwalk Trail	0.0
11.7	0.0	➔	Slight R to stay on Anacostia Riverwalk Trail	0.1
11.8	0.1	➡	Slight L to stay on Anacostia Riverwalk Trail	0.9
12.6	0.9	➡	Keep L to stay on Anacostia Riverwalk Trail	0.5

1.5 miles. +22/-30 feet

Dist	Prev	Type	Note	Next
13.1	0.5	↑	Continue onto Anacostia River Trail	0.7
13.8	0.7	→	R to stay on Anacostia River Trail	0.2
14.0	0.2	←	L onto Anacostia Ave NE	0.3
14.2	0.3	←	L onto Hayes St NE	0.4
14.7	0.4	↑	Continue onto Jay St NE	0.3
14.9	0.3	←	L	0.2
15.1	0.2	↑	Continue onto Anacostia Riverwalk Trail	0.5
15.6	0.5	→	Slight R	0.4
16.0	0.4	↑	Continue onto River Trail	0.4

3.4 miles. +53/-46 feet

Dist	Prev	Type	Note	Next
18.5	0.1	→	Slight R onto Anacostia River Trail/Anacostia Tributary Trail System	0.7
19.2	0.7	←	L onto Anacostia Tributary Trail System/NW Branch Trail	0.0
19.3	0.0	←	L to stay on Anacostia Tributary Trail System/NW Branch Trail	0.2
19.5	0.2	←	Slight L to stay on Anacostia Tributary Trail System/NW Branch Trail	1.0
20.5	1.0	→	R to stay on Anacostia Tributary Trail System/NW Branch Trail	0.3

2.0 miles. +32/-23 feet

Dist	Prev	Type	Note	Next
16.4	0.4	↑	Pedestrian tunnel	0.5
16.9	0.5	↑	Continue onto Anacostia River Trail	0.7
17.6	0.7	↑	Continue onto Anacostia Riverwalk Trail	0.3
17.9	0.3	↑	Continue onto Anacostia River Trail	0.1
18.0	0.1	←	L to stay on Anacostia River Trail	0.1
18.1	0.1	←	Slight L to stay on Anacostia River Trail	0.3
18.4	0.3	→	R	0.1

2.4 miles. +24/-23 feet

Dist	Prev	Type	Note	Next
20.8	0.3	→	R to stay on Anacostia Tributary Trail System/NW Branch Trail	0.0
20.8	0.0	→	R to stay on Anacostia Tributary Trail System/NW Branch Trail	0.8
21.5	0.8	←	L onto Anacostia Tributary Trail System/Sligo Creek Trail	0.9
22.4	0.9	↑	Continue onto Sligo Pkwy	0.1
22.6	0.1	←	Slight L toward Anacostia Tributary Trail System/Sligo Creek Trail	0.0
22.6	0.0	↑	Crosswalk	0.0

2.1 miles. +43/-3 feet

Dist	Prev	Type	Note	Next
22.6	0.0	→	Slight R to stay on Anacostia Tributary Trail System/Sligo Creek Trail	0.0
22.6	0.0	←	L to stay on Anacostia Tributary Trail System/Sligo Creek Trail	0.1
22.7	0.1	←	Slight L to stay on Anacostia Tributary Trail System/Sligo Creek Trail	0.7
23.4	0.7	←	L to stay on Anacostia Tributary Trail System/Sligo Creek Trail	0.2
23.6	0.2	←	Slight L to stay on Anacostia Tributary Trail System/Sligo Creek Trail	0.3

1.0 miles. +56/-23 feet

Dist	Prev	Type	Note	Next
26.2	0.0	←	L onto Sligo Creek Pkwy	0.8
27.0	0.8	←	L onto Sligo Creek Trail	0.1
27.1	0.1	→	R onto Anacostia Tributary Trail System/Sligo Creek Trail	0.4
27.6	0.4	←	L toward Flora Ln	0.0
27.6	0.0	↑	Continue onto Flora Ln	0.2
27.8	0.2	←	Slight L onto Columbia Blvd	0.2
28.0	0.2	→	R to stay on Columbia Blvd	0.1
28.1	0.1	↑	Continue onto Seminary Rd	0.2
28.3	0.2	←	Slight L onto Linden Ln	0.7
29.0	0.7	←	L onto Ament St	0.0
29.1	0.0	→	Slight R	0.7

2.9 miles. +173/-68 feet

Dist	Prev	Type	Note	Next
23.9	0.3	←	L to stay on Anacostia Tributary Trail System/Sligo Creek Trail	0.7
24.6	0.7	→	R onto Maple Ave	0.0
24.6	0.0	←	L onto Sligo Creek Pkwy	0.8
25.5	0.8	←	Slight L to stay on Sligo Creek Pkwy	0.4
25.9	0.4	←	L onto Wayne Ave	0.0
25.9	0.0	→	R onto Anacostia Tributary Trail System/Sligo Creek Trail	0.3
26.2	0.3	→	R to stay on Anacostia Tributary Trail System/Sligo Creek Trail	0.0

2.6 miles. +133/-38 feet

Dist	Prev	Type	Note	Next
29.8	0.7	←	L onto Rock Creek Trail	0.6
30.4	0.6	←	Keep L to stay on Rock Creek Trail	0.5
30.8	0.5	→	Slight R to stay on Rock Creek Trail	0.5
31.4	0.5	←	Slight L to stay on Rock Creek Trail	0.3
31.7	0.3	←	L onto Beach Dr	3.2
34.9	3.2	→	R toward Joyce Rd NW	0.0
34.9	0.0	→	R onto Joyce Rd NW	0.1
35.0	0.1	←	L onto Ross Dr NW	1.1
36.1	1.1	↑	Continue onto Ridge Rd NW	0.8

7.0 miles. +273/-236 feet

Dist	Prev	Type	Note	Next
36.9	0.8	←	L onto Broad Branch Rd NW	0.0
36.9	0.0	→	Slight R toward Western Ridge Trail	0.1
37.0	0.1	↑	Continue onto Western Ridge Trail	0.2
37.1	0.2	←	L to stay on Western Ridge Trail	0.2
37.3	0.2	←	L to stay on Western Ridge Trail	0.3
37.6	0.3	→	R toward Rock Creek Park Trails	0.3
37.9	0.3	←	Slight L onto Rock Creek Park Trails	0.1

1.8 miles. +23/-34 feet

Dist	Prev	Type	Note	Next
41.0	0.1	→	R onto P St NW	0.4
41.5	0.4	←	L onto 21st St NW	0.1
41.6	0.1	→	R onto Q St NW	1.1
42.7	1.1	←	L onto Rhode Island Ave NW	0.1
42.7	0.1	→	Slight R onto Q St NW	0.3
43.0	0.3	→	R onto 6th St NW	0.6
43.6	0.6	←	L onto K St NW	0.1
43.7	0.1	→	R onto 4 ½ Street NW	0.0
43.8	0.0	📍	End of route	0.0

2.8 miles. +78/-95 feet

Dist	Prev	Type	Note	Next
38.0	0.1	←	L to stay on Rock Creek Park Trails	1.5
39.4	1.5	→	Slight R to stay on Rock Creek Park Trails	1.3
40.7	1.3	←	Slight L to stay on Rock Creek Park Trails	0.0
40.7	0.0	→	Slight R to stay on Rock Creek Park Trails	0.0
40.7	0.0	→	R to stay on Rock Creek Park Trails	0.1
40.8	0.1	←	L to stay on Rock Creek Park Trails	0.1
40.9	0.1	→	Slight R	0.0
41.0	0.0	→	R onto 26th St NW	0.1

3.1 miles. +160/-145 feet